

# WELCOME TO GILI AIR



E-BOOK 2020 - TRAVEL LIKE A LOCAL  
#GILIASKJULIE @GILITRAVELAGENCY

# INTRODUCTION TO GILI AIR

As soon as you enter Gili Air, you will feel your body and soul fill up with an extreme sensation of relaxation. There are no motorized vehicles on Gili Air, making the island eco friendly – the only way to get around is with the wonderful local horse carts, by bicycle or by foot. Gili Air, once a backpacker heaven, has now evolved into the barefoot luxury island of The Gilis. With its boutique properties, organic cafés, and yoga center, it is slowly evolving into an Ubud by the sea. The ideal place to slow down and rethink your speed of life. As a bonus, it also has great food!

## GOOD TO KNOW

Gili Air is a Muslim island. Please respect the local culture when visiting the island.

Dress up when leaving the beach and entering village area.

The mosque calls for prayer five times a day.

Always remove your shoes when entering a house or a shop.

Point with your hands, not your feet.

Greet the locals with your right hand only.



@chris\_vanouu



@chris\_vanouu

|                                  |         |
|----------------------------------|---------|
| Introduction to Gili Air         | Page 1  |
| Where to eat                     | Page 2  |
| Favorite food + Where to drink   | Page 3  |
| Activities on Gili Air           | Page 4  |
| Night Action                     | Page 5  |
| Sustainable Travel + Bike Rental | Page 6  |
| Romance & Luxury                 | Page 7  |
| Where to stay?                   | Page 8  |
| Give back                        | Page 9  |
| Meet the local community         | Page 10 |
| Festival & Events                | Page 11 |
| Language Guide + Ask Julie       | Page 12 |



# HUNGRY?

Gili Air is full of amazing restaurants, cafés and coffee shops, where it is possible to get delicious and healthy food. Whether you are in to Western food, local Indonesian dishes, vegan options, vegetarian meals, or simply craving for the biggest burger in town; Gili Air has something for everyone!

Don't worry, you can easily take your Instagram-worthy photos in our little paradise. Here's my opinion on the best places to eat in Gili Air!

## BREAKKIE & SMOOTHIE BOWL

- Gili Bliss
- Musa Cookery
- Pachamama
- Breadelicious
- B52

## BEST BURGERS

- Pura Vida
- Ruby's Café
- Perla Nera
- Scallywags

## LOCAL FOOD

- Warung Alam Damai
- Warung Sunny
- Aura Bowl
- Warung ZZZ

### \*Tip

Visit Warung Alam Damai. Pay for your food and this wonderful man will offer you a free Indonesian cooking class while cooking. Make sure you tip him for being such a magical person.

## FINE DINING

- Camilla Beach
- Dolce Mare
- Perla Nera

## VEGAN FOOD

- Pachamama
- Musa Cookery
- Mexican Kitchen
- Captain Coconuts
- Nad Brahma
- Legend Bar

## DELICIOUS MEAT

- Chill Out
- Pura Vida
- Le Bistrot

All with minimum risk of Bali Belly!



## BALI BELLY REMEDIES:

- Diapet
- Bananas
- Soto ayam
- White rice

## PERSONAL FAVORITES

- Camilla Beach (sushi)
- Begadang Backpackers
- Mama Pizza
- Perla Nera (pasta)
- Chill Out
- Scallywags
- Dolce Mare
- Pura Vida
- Legend Bar



@giliblisslove  
@musa.cookery  
@legendbargiliair

## HEALTHY FOOD

- Gili Bliss
- Musa Cookery
- Pachamama
- Kenza

## SEAFOOD BBQ

- Camilla Beach
- Chill Out
- Sunrise Resort
- Scallywags

## BEST DESSERT

- Breadelicious
- Musa Cookery
- Sunrise Resort
- Mexican Kitchen



@rubys\_cafe\_gili\_air  
@mamapizza\_giliair  
@perla\_nera\_giliair

MORE @gililife\_food

# MY FAVORITE FOOD

Spicy Beef Bowl - **Pachamama**  
Spaghetti Vongole - **Perla Nera**  
Sausage and Mash - **Scallywags**  
Ravioli Panna E Funghi - **Biba Beach**  
Hummus and Gazpacho - **Pura Vida**  
Ayam Lalapan - **Warung Alam Damai**  
Pita and Belgian Beer - **Pockets and Pints**  
Bunkus - **Warung Parida and Warung Muslim**  
Martabak Special - **Warung ZZZ & Warung Bamboo**  
Smoothie Bowl and Hot Chocolate - **Musa Cookery**  
Vegan Lasagna (+ Chocolate cake) - **Mexican Kitchen**  
Tartare Mango Coco & Crème Brulée - **Sunrise Resort**  
Mixed Nigiri, Beach Tempura or Quinoa Salad with White Wine - **Camilla Beach**

Beef Steak - **Chill Out**  
Lobster - **Camilla Beach**  
Poke Bowl - **Legend Bar**  
Paëlla & Rioja - **Pura Vida**  
Vegan Food - **Nad Brahma**  
Caesar Salad - **Scallywags**  
Soto Ayam - **Warung Sunny**  
Beef Rendang - **Ruby's Café**  
Avocado on Toast - **Gili Bliss**  
Chicken Cordon Bleu - **Kenza**  
Seafood Linguine - **Ruby's Café**  
Spring Roll Bowl - **Musa Cookery**  
Pizza - **Mamma Pizza and Classico**



@camillabeachclub  
@rubys\_cafe\_gili\_air

# THIRSTY?

## BEST COFFEE

- B52
- Coffee & Thyme
- Kenza

## COLD COCONUTS

- Scallywags
- Mowies
- Gili Lumbung

## BEST COCKTAILS

- Raja Bar
- Scallywags
- Legend bar

## BEST HAPPY HOUR

- Wine at Mowies
- Cocktails at Gili Lumbung
- Scallywags

## HEALTHY JUICE

- Musa Cookery
- Coffee & Thyme
- Gili Bliss
- Captain Coconuts
- GoGo Shake
- Pachamama



@coffeeandthyme  
@kenzalombok  
@scallywags\_resorts



# ACTIVITIES

## WATCH THE SUNSET

- North/West Coast
- Camilla Beach
- Lucky's Bar
- Island View

## WATCH THE SUNRISE

- North/East Coast
- Sunrise Resort
- From a SUP Board @3wdiver or @bluemarinediveair

## YOGA

- Kenza
- Slow Villas & Spa (Private)
- Flowers & Fire Yoga Garden
- H2O Yoga & Meditation Center

## SNORKEL SPOTS

- Turtle Heaven
  - Meno Statues
  - In front of Zipp Bar
- With Captain Madi

## DIVE SPOTS

- Hans Reef
  - Shark Point
  - Kecinan (Muck)
- @bluemarinedive

\*Captain Madi has been a captain for more than 20 years and knows the reefs like his own pocket. Book your private snorkel trip with @gilitravelagency. PROMO CODE: #giliaskjulie2020 for 25k off

## IF YOU ARE LUCKY, YOU CAN SEE

- Mandarin fish, sea horses, blue ringed octopus, mimic, rhinopias scorpionfish at Gili Air Harbour or at Kecinan, muck dive
- Frog fish at Biorock Gili Trawangan
- Best dive guide of the Gilis: Dedi @bluemarinediveair



@bluemarinediveair  
@gilitravelagency

## WHERE TO GET A TATTOO?

- Sonteng

## GILI AIR WILDLIFE

- Monitor Lizard

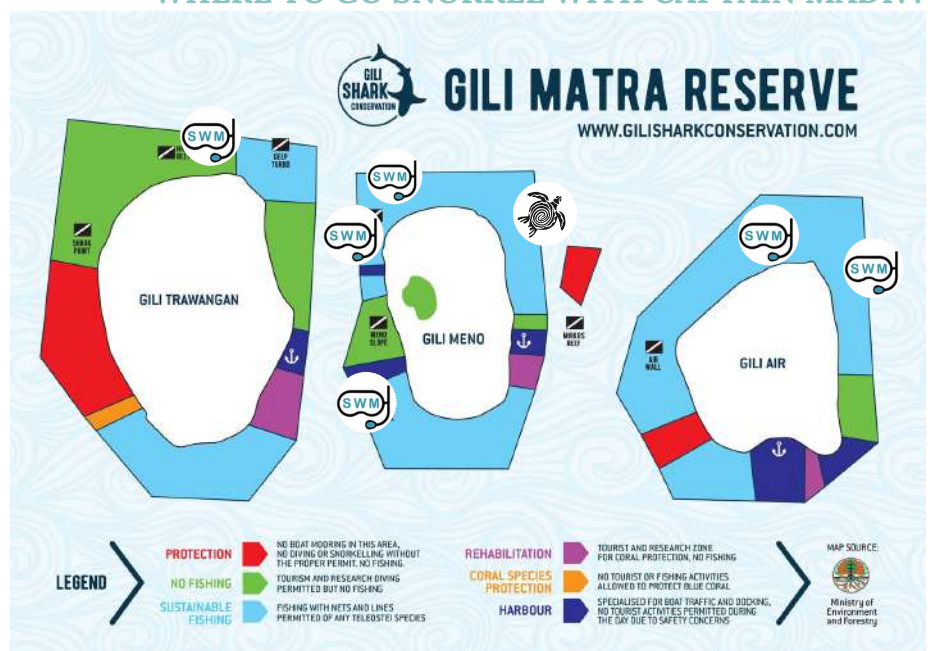
Looking for the best spot to take a beautiful swing-photo for your social media account?

## BEST SWING SHOT

- Pink Coco
- Island View
- Gili Lumbung



## WHERE TO GO SNORKEL WITH CAPTAIN MADI??



@gilisharkconservation

# NIGHT ACTION



## MY FAVORITES

- Parties organized by Space Bar
- Live reggae concerts at Pura Vida (Sun.)
- Salsa party at Mexican kitchen (Mon.)

## REGULARS

- Legend Bar (Wed. / Sun.)
- Lucky's Bar / Cheeky Monkey (Fri.)
- Pockets & Pints dart games
- Live Music at Gili Lumbung

## ALWAYS ACTION

- Queen Sunset, Space Bar, Pura Vida, Begadang Backpackers, The Hostel

## FULL OF MAGIC

- Space Bar



## ARE YOU A DJ AND WOULD LIKE TO SPIN?

Find DJ Abstractt at Space Bar  
@hamabstractt

## DO YOU LIKE HOUSE MUSIC?

Find Nez  
@fishplantmusic

## ACRO CIRCUS MONKEYS

Find Gili Magic Crew  
@slowretreats @acroyogagiliair

## FIRE SPINNER

Find Julie at Slow Gili Air  
@askjulie.travel

## FIND OUT MORE

### @giliairevents

Find out what's on the agenda and which event takes place where

### @gilinetworking

Connect with the Expat Community

### @giliairpinboard

Ask the Gili Islanders questions and look for offers





# SUSTAINABLE TRAVEL



The local community's dream is to become a Zero Waste island. To achieve this goal, we need your help.

## WHERE CAN YOU REFILL YOUR BOTTLE?

To minimize waste on the island, I strongly encourage all travelers to refill their bottles in our refill stations. Download the app 'RefillMyBottle' to see which properties in Gili Air has a refill station. Join our journey towards a Zero Waste Gili Air!

## HOW TO HELP US BECOME ZERO WASTE

Bring your own container for take-away food  
Bring your own reusable bag, bottle and straw

## WHERE TO GET YOUR ZERO WASTE KIT?

Visit Slow Villas & Spa's (Gili Air) or Pituq Community Foundation's (Gili Trawangan) sustainable shops for all the necessary zero waste essentials. Reusable bottles, bags and bamboo straws. You can also find reef-safe sunscreen and beautiful handmade clothing.  
@slowgiliair @pituqcofoundation

Do you know it's very easy to make a difference on your holiday? Support the Gili Green businesses\* and refill stations on Gili Air and join our journey towards a #PlasticFreeParadise! Together we can make the change. Remember - we don't need a handful of people doing zero waste perfectly. We need millions of people doing it imperfectly.

\* There are three things businesses need to do to receive the Gili Green Certificate. Be a refill station. Serve drinks without plastic straws. And offer plastic-free packaging for take-away.

Made with love by The Gili Shark Conservation Project

@gisharkconservation



## WHERE TO RENT YOUR BIKE?

Mr. Man is an all time Gili Air-favorite for bike rental of the local community. He rents bikes in the harbor and offers a good price. In general, you can find bike rental all around the island.





# ROMANCE & LUXURY

## WHERE TO TREAT YOURSELF?

My favorite place is Slow Villas & Spa:

Barefoot luxury boutique property in Gili Air

Private pool luxury villas with spacious garden

In-house organic and luxurious spa with amazing treatments

PROMO CODE:  
#giliaskjulie2020 for 25K off.

@slowgiliair

## ROMANTIC SPOTS

- Dinner in the water by Gili Travel Agency
- Floating breakfast or champagne at Slow Villas & Spa
- Chill on the beach at Island View
- Sushi & wine at Camilla Beach
- Spa experience at Slow Villas & Spa
- Flower bath and romantic package at Slow Villas & Spa

## WHERE TO PROPOSE?

- Dinner in the water by Gili Travel Agency

## WHERE TO GET MARRIED?

Weddings on a tropical island is like a dream coming true. Do you already know what your dream wedding looks like? Do you need someone to make it reality? Ask Julie!  
@gilitravelagency.

## WHERE TO HOST RETREATS?

- Slow Retreats

## WHERE TO DO YOUR YOGA TTC?

- Kenza Yoga

## WHERE TO DO YOUR INSTRUCTOR IDC?

- Oceans 5
- Blue Marlin Dive





# WHERE TO STAY?

What is truly magical about Gili Air, is that the island welcomes every kind of traveler. Whether you are into pure luxury experiences, or if you are into cheap and cosy solutions, this island has something for you.

Couples seeking for romantic getaways, or backpackers looking for new travel mates? Here are the best solutions for accommodation on Gili Air.

## BAREFOOT LUXURY

- SLOW PRIVATE POOL VILLAS

If you are looking for barefoot luxury, a place where you can relax, slow down and rethink your speed of life in your own private pool villa nestled in a beautiful coconut plantation, with an in-house spa and yoga studio; This is it.

## BOUTIQUE HOTEL

- VILLA NANGKA

A couple of islanders fell in Love under the Nangka tree. They created a home filled with love, butterflies and dragon flies. If you are traveling with kids, there's no place in Gili Air where you'll feel more at home than here.



@villanangka



@sunrisegiliair  
@begadangbackpackers

## COMFY WITH A GREAT VIEW

- SUNRISE RESORT

The beautiful Sunrise Resort is located on the East coast of Gili Air. A stunning beachfront location, facing the crystal clear blue waters and the memorable sunrise. Plus the restaurant serves delicious food and the best deserts of the island. Fastest and most stable Wifi on Gili Air.

## CHEAP WITH A GOOD VIBE

- BEGADANG BACKPACKERS

If you like staying in youth hostels, make sure not to miss Begadang Backpackers. The owners have set loose any idea their inner child had. The vibe, the food, everything is thought trough. Moonlight cinema, cat adoptions and much more!



@sorayafoundation

# GIVE BACK

## WHERE CAN I GIVE BACK?

- Soraya Foundation
- Trash Hero Beach Clean-up
- Gili Eco Trust
- Gili Shark Conservation

Visit Gili Air's elementary school (SD) on Saturday mornings and join the volunteers of the Soraya Foundation to connect with the Kids of Gili.

Host a pop-up circus event at the elementary school. If you want to give back, Ask Julie!

@sorayafoundation



@3wdive  
@sorayafoundation  
@gilisharkconservation

## JOIN A BEACH CLEAN-UP

Join one of the beach cleanups.  
More info @trashherogiliair

## WORKSHOPS FOR CHARITY

Host or join a workshop for charity, like pilates & acro jam. Contact @slowretreats.  
More info @gilinetworking.

## JOIN AN ARTIST EXCHANGE

Would you like to exchange with the local community? Do you feel like you have something to share? Fall in love with Gili Air and its people by sharing your skills and passions.

@slowgiliair / @slowretreats

## GILI SHARK CONSERVATION

The people to talk to for ocean projects. They also teach conservation classes at the elementary school on Saturdays.  
More info @gilisharkconservation



# MEET THE PEOPLE OF GILI AIR

## PAK SUBUR

Such a lovely family. His wife Ibu Eka won several cooking competitions. He is an inspiring man, and he is working towards making Gili Air a zero waste island. Are you with him? I know I am!

@bibabeachvillage

## CAPTAIN MADI

My favorite captain to snorkel with around the Gilis. Book your trip with @gilitravelagency

## CHEF DARMA

He cooks the best local food on the island in his Warung Alam Damai (peaceful world).

@waroengalamdamai

## DIVE GUIDE DEDI

The absolutely best scuba diving guide on Gili Air. 'The Eagle Eye'. He knows the reefs like his own pocket. @bluemarinediveair



Chef Darma



Pak Mus



Mr. Ajje



Chef Hero

## MR. AJJE

Gili Air's ultimate fire spinner. This wonderful man offers his fire spinning class entirely for free. Buy him a drink and give him a tip for being such a lovely person! @ajiebajje

## CHEF HERO

If you are feeling sick, go visit Warung Sunny. Chef Hero will cook you what you need with local herbs harvested on the island

## MR. HAM

DJ Abstractt and founder of Gili Air's psychedelic scene. Organizing underground parties with guest DJ's from all around the world. @spacebargiliar

## PAK MUS

In the morning he sells delicious food cooked by his wife, then he teaches at the elementary school, and he finishes the day by selling jewelry on the beach. If you see him, say hello from me!

## GILI AIR'S DESIGNERS

Meet the talented women of Gili Air, designing their own clothes. Find Suki at Gili Bliss for her special made T-shirts, or meet Jill to try her beautiful clothing and swim wear at Kartini.

@suqueen02 @kartinitheLabel

# EVENTS & FESTIVALS

## BLOOMING ISLAND

Psytrance festival in Gili Air hosted in April. Every year, a tribe of fire spinners meet in Gili Nanggu for 4-days of training and fire spinning. The closing party has been happening in Gili Air since 7 years.

## SLOW FOOD & YOGA FESTIVAL

Charity festival on Gili Air with focus on yoga, food, Indonesian culture and the local community. Supporting Soraya Foundation and the journey towards a zero waste Gili Air through annual festivals with yoga classes, acro yoga, life coaching, workshops and nutrition events.

@slowfoodandyogafestival

## THIS IS LIFE FESTIVAL

Offering a diverse serving of Minimal, House, Techno & Psychedelic Trance. Emulating the Australian doof scene mixed with exotic island spirit. Annual event in July at Lucky's Bar, Gili Air.

@thisislifestival

## IN NEED OF PROFESSIONAL PHOTOGRAPHERS ON GILI?

Armand & Ardit

@armaaannd

@pradityaak

Niels - @gili\_gardens

## BEST NEWS MEDIA

Gili Life Magazine

@gililife\_magazine\_media

@gililife\_food

@gililife\_paparazzi



DO YOU WANT TO HOST AN EVENT?

Ask Julie!



# INDONESIAN

*A quick guide to communicating*

**APA KABAR?**

How are you?

**BAIK**

I'm good

**BERAPA?**

How much?

**BISA SAYA MINTA**

Can I have

**TERIMA KASIH**

Thank you

**HATI HATI**

Take care

**ENAK**

It tastes good

**BAGUS**

Good!

**PAK**

Name for an older man

**IBU**

Name for an older woman

**TEMAN**

Friend

**JALAN JALAN**

Walking around



## Ask Julie

*Your own Gili Air Expert*

### MY MISSION

Helping the local community realize their dream: making Gili Air a zero waste island

Being a stand for the Slow Movement, promoting sustainability, fighting burnout and awakening a more easeful lifestyle in lives all over the world

Love for the earth, love for humanity

By Julie Thonnard / @askjulie.travel  
Designed by Kirstine Dinesen / @kdinesen