







SLOW VILLAS, GILI AIR

## Living the Slow Life with invigorating Spa Treatments

LOW Villas, which this year celebrates a decade in Gili Air, is aptly named. An exclusive complex of 10 contemporary luxury villas, this is the oasis you need to take things slow for a digital detox and mindful relaxation. Unwinding and embracing a slower pace of life is a part of the resort's DNA—this includes slow cuisine with a personal home chef for private in-villa dining and a strong focus on restorative wellness.

SLOW Villas was established by Belgians, architect Christian Lechien, Dominique Pissoort, and Julie Thonnard, to create a new concept of harmonious luxury in Gili Air. Villa guests can embrace the Slow way of life in a multitude of ways.

It features a collection of one and two-bedroom villas with private pool, a perfect retreat for couples or a family seeking the quiet life. They have been designed for laid back island living. Set within a shady coconut grove, each has a sun dappled patio with cosy sunbeds, fully equipped kitchen facilities and a dedicated work space to stay productive.

The resort has collaborated with interiors stylist Valérie Barkowski to perfect the low key island design concept. The villas come in a vibrant palette of colours, and exude that sense of barefoot luxury everyone craves in a small island getaway. The villas are expertly crafted from natural stonework, bamboo and wood beneath traditional alang alang thatched rooves, radiating a rustic island vibe. Expect spacious open bathrooms, elegant in and outdoor lounging space along with wall art and topical motifs.

Each of the individually designed villas boasts a large manicured garden area surrounding the private pool deck. If your motivation is pure, unadulterated adherence to the island lifestyle and reconnecting with nature, SLOW ticks all the right boxes.

Slow Spa is an integral part of the resort, and serves as a haven for recharging mind and body. It's a serene space for massage and blissful body treatments, with a sumptuous soaking tub for pure relaxation.

Guests can book a range of soothing massage treatments, facials and bespoke manicures and pedicures. It uses natural products, including fresh aloe vera, direct from its own permaculture garden, plus locally sourced coconut oil. There is invigorating movement-based therapy in the dedicated pilates/yoga studio to uplift mind, body and soul with bespoke private classes.

Yet this is just the start. Slow Retreats expands on this with a fully organised small group retreat service for yoga, meditation and holistic workshops. This brings together like-minded groups for customised wellness programs in a conducive atmosphere.

Also onsite is the Slow Shop, where guests can browse a trove artisanal craftsmanship. This boutique sells an exclusive selection of Indonesian clothing and products, from intricate textiles to handcrafted décor, which have been sourced from all corners of the Indonesian archipelago.

The shop houses a dedicated eco corner, with sustainable, environmentally friendly products that don't compromise on style or quality. In short, it's an eclectic mini marketplace of timeless Indonesian heritage alongside innovative green living products.



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